

**Before taking a Lorisian Test, Lauren suffered from Eczema for many years. She also experienced digestive discomfort and fatigue. Lauren said "I often wondered if there could be a connection with the food that I was consuming".**



Lauren had already tried medications that were prescribed by her doctor, including steroids – both oral and creams but she never found much improvement to her skin condition.

Her younger brother had tried Lorisian as he was experiencing abdominal pain which the doctor couldn't explain.

**"He eradicated all pain and was able to stop taking painkillers following advice from Lorisian."**

This prompted Lauren to try Lorisian herself.

Lauren's trigger foods included cow's milk, gluten, yeast and spice mix. Once she removed her food intolerances from her diet, Lauren noticed an improvement in her health within days which continued to improve dramatically within a couple of weeks.

As Lauren started to see improvements in her symptoms, she found it easy to stay motivated and continue to follow her new diet. As a result of the changes in her diet, she found that her energy increased so much that she was no longer having to nap in the afternoon. As a busy university student, sleeping in the afternoon was less than ideal so she was delighted.

Lauren had also been finding it difficult to lose weight and following the test, had lost weight without even trying!

**"Simply removing the foods that I was intolerant to have led to losing half a stone within 1 month."**

Lauren's regret is that she hadn't taken a Lorisian sooner.

**"This experience has been life changing and the difference in my skin is dramatic! If I had done the test sooner, it would have saved me from years of distress and unnecessary treatment."**

*Lorisian advise that you consult with your GP first if you are experiencing the types of symptoms mentioned in this testimonial.*

