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Before taking a Lorisian Test, Tracey had a range of symptoms that affected her daily.

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Tracey visited her doctor in the search for answers.

“ I asked the doctor if my symptoms were due to a food intolerance but he told me no, and that they didn’t provide such as service. I left the doctors surgery thinking that I was seriously ill as he had made an appointment for me to have an endoscopy and an abdominal scan. I was worried sick.”

Tracey received the results of her medical tests which revealed the doctors had found nothing wrong, other than healthy tissues that were irritated.

“ I decided to take matters into my own hands as I knew it had to be something that I was eating. After some online research, I came across

Loritian. Initially, both my husband and I were sceptical but I decided to go ahead with the test after speaking with the Customer Care Team.”

Tracey took the test, hoping for a miracle that her uncomfortable days would come to an end; her food intolerance test results showed a range of trigger foods.

“ When I received my results, I could not believe them at first! Yeast was one of my intolerances and I thought, what do I eat that contains yeast? Everything! ”

“ Gluten was another trigger food and so, I decided to book my appointment with the Nutritionist and arm myself with questions to ask during the consultation.”

Tracey removed her trigger foods from her diet straight away.

“ I started the next day by making notes and cutting out bread, pasta, and potatoes. I cleared my cupboards of the foods that I used to eat on a daily basis. Nearly everything had yeast in it, and when I say everything, I mean everything! I was embarking on a new relationship with food. ”

After removing her trigger foods, Tracey noticed an improvement almost immediately.

“ Within days of eliminating the problem foods, the bloating around my stomach had reduced and I had started to lose water retention. ”

Since taking the test, Tracey describes how it has changed her life.

“ I can't tell you the difference the test has made to my life! I don't feel like I miss out on certain foods because I have found new ones. To put it mildly, I love my food and taking this test has made me understand what foods my body can't tolerate. I am happy again and so is my waistline! ”

“ It is the best money that I have ever spent! It's a whole new way of eating, it's not a diet. Feeling good and living without discomfort is more important to me than eating bread, cakes and other foods that upset me. I will never go back to eating the foods that made my life a misery, thanks to Lorisian. ”

Lorisian advise that you consult with your GP first if you are experiencing the types of symptoms mentioned in this testimonial.

Taking the Test



Taking the test is straight forward, with no need to visit Lorisian's laboratory. The results will be within 7-10 days. The Lorisian 150 plus test is a full diet analysis covering a wide variety of food and drink ingredients including:

- | Wheat, gluten, yeast, egg whites and egg yolk
- | Animal milks including cow, goat and sheep
- | 12 different grape varieties
- | Herbal teas including green tea and rooibos (red bush tea)
- | 25 different herbs and spices
- | A wide variety of meat and fish
- | And more than 100 other ingredients

Contact your Approved Lorisian Practitioner today for more details about the Lorisian 150 plus test!